

Jessica Ballard Weldon, Life Coach and Long Term Support Specialist, received her Bachelor of Science Degree in Psychology and Human Development from the University of Alabama. While pursuing her degree, Jessica worked as an Undergraduate Research Assistant where she collected and analyzed sociometric and research data in John Lochman's Research Lab. Jessica began her professional career working directly with individuals in need of support as a Child Care Worker at the Crisis Behavior Unit of Glenwood, Inc. then advanced to the role of Senior Child Care Worker. During this time she also worked as a part-time Behavioral Specialist with Dancy and Associates, LLC. In March 2008 Jessica was invited to join Triumph Services as a Life Coach and has since advanced to the Life Coaching Coordinator. She is married and resides in Ashville, Alabama. She and her husband love caring for their many pets. She is currently pursuing a Master's Degree in Early Childhood and Elementary Education at the University of Alabama in Birmingham. Jessica loves the outdoors, reading, going out to eat, watching movies, shopping, and spending time with her family and friends.