

Sara Walker, Life Coach, graduated from the University of Alabama at Birmingham with a Bachelor of Science in Psychology and a minor in Anthropology. Sara grew up in Huntsville, AL, where, at an early age, she developed a deep understanding and appreciation of developmental disabilities from a close family member. Sara also volunteered at the Duvall Home in Florida, a residential facility for individuals with developmental disabilities, whose mission is to maximize the residents' quality of life. Sara's interest in human nature and first-hand experience with her family and volunteer work initiated her studies in psychology and her passion for working with individuals with disabilities. Sara serves in the roles of Life Coach, Long Term Supportive Employment Specialist, and Social Event Organizer at Triumph. Sara enjoys travelling, art, music, riding her bike, and photography.