

Summer Baker MSMFT, Therapist and Life Coach, graduated from the University of Alabama with a degree in Psychology and a minor in Human Development. She then began her career at a non-profit agency where she provided home-based family therapy to at-risk youth and their families in the Nashville area. Summer then moved to Chicago, where she obtained her master's degree in Marriage and Family Therapy from Northwestern University. After graduate school, she moved to San Diego to work as a therapist at a psychiatric hospital where she provided individual, group, and family therapy to the chronically mentally ill, including those with developmental disabilities. In her free time, Summer enjoys traveling, spending time with friends and family, playing with her dog, arts and crafts and working out.